

Package Insert: Information for the user  
AH-IMMUCURE-ABC™

#### DESCRIPTION

AH-IMMUCURE-ABC formulation is filled in three Capsules each of 500 mg, made up of soft gelatin for proper quantity intake. All three unit capsules form one formulation and dose; the three work together for proper effect and make a single dosage.

#### COMPOSITION

##### Capsule A

Parpata 5.43mg, Saurastri/Sfetika (Fitkari) Bhasma 5.43mg, Vanga Bhasma (Mratvanga) 0.77mg, Daruhaldi(pitachandana) 5.43mg, Rajani(haridra), 5.43mg, Kasudra(kantakari) 5.43mg, Swarna Patra/Swarna Bhasma 5.43mg, Lauha Bhasma 1.35mg, Choti Elayachi(Cardamom) 1.35mg, Trayamana/Karu 5.43mg, Nimba5.43mg, Pippalimula/Granthika 5.43mg, Tagar/Balaka(hrivera) 5.43mg, Kachur/Sati 5.43mg, Abhrak Bhasma/Mrtaabhrak 1.35mg, Swarna Maksisa Bhasma 1.35mg, Salaparni/Sthira 5.43mg, Maricha 4.79mg, Dhamsa/ Durlabha 84.43mg, Abhaya(haritaki) 6.79mg, Srngi(karkatsrngi) 5.43mg, Sunthi/Ginger(Mahaasadha) 5.43mg, Swarn Basant Malti Ras 10mg, Puskara Mool 0.67mg, Magadhi(pippali) 0.77mg, Suddha Hingula 0.543mg, Tavak/ Dalchini 5.43mg, Kairata(Chirayata) 5.43mg, Prasniparni(Pithwan) 5.43mg, Tejpatra/Tamalpatra 5.43mg, lavanga 5.43mg, Citraka 5.43mg, Vach 5.43mg, Devadaru 1.81mg, Yakuti Rasayan 241.6 mg, Musta/Nagar Motha 5.43mg, Murva 5.43mg, Kutaja 1.81 mg, Madhuyasti(Mulathi) 1.81mg, Kesar/Saffron 1.35mg, Ativisa/Atis 5.43mg, Jatiphala/Jaiphala to make Q.S. Permitted Excipients Q.S. In Permissible Limits

##### Capsule B

Nimbu 6.03mg, Tamra/Copper Bhasma 3.01mg, Taila(tila) 6.03mg, Swarn Makshika Bhasma 6.03mg, Kulathala-kasaya 3.01mg, Haratal Bhasma 0.03mg, laxmivilas ras 181.1mg, Kanjika 3.01mg, Kapardika (Kaudi Bhasma) 9.05mg, Heera (Vajra Bhasma) 1.81mg, Salaparni/Sthira 3.62mg, Saurastri/Sfetika (Fitkari) Bhasma) 3.62mg, Gandhak (Sulphur) Rasayan 9.05mg, Suddha Ghee 3.01mg, Swarna Patra/Swarna Bhasma5.43, Kutaja 3.62mg, Ativisa/Atis 3.62mg, Tavak/Dalchini 0.9mg, Jatiphala/Jaiphala 0.9mg, Sarala/Chid 3.62mg, Usira/Khas 3.62mg, Satavari 3.62mg, Daruhaldi 3.62mg, Prasniparni 3.62mg, Aluvulu/Padmaka 3.62mg, Kumara/Aloe Vera (Dried Powder) 3.62mg, Praval Bhasam (Coral) (caco3) 9.05mg, Sudha shilajit 6.03mg, Lauha-bhasma 0.86mg, Choti Elayachi (Cardamom) 1.29mg, Chandanadi Arak (Lal Chandan) 4.52mg, Akika(Suddh) Bhasma 3.62mg, Bilva 3.62mg, Dhatura 0.9mg, Mukta Sukti Bhasma 162.99mg, Maricha 3.62mg, Amalki/Amla Q.S., Permitted Excipients (if any) Q.S. in Permissible limits.

#### Capsule C

Punarnva(Rakta) 3.89mg, Jala Pippali 3.89mg, Nisa(Haridra) 3.89mg, Kevada/Ketaki Rasa 3.89mg, Kutki/Tikta 3.89mg, Gulab Powder/Ramba Rasa 3.89mg, Haritaki (Pathya) 4.79mg, Kapardika (Cauri) Bhasma9.73mg, Devadaru 3.89mg, Neem (Nimba) 3.89mg, Musta/ Nagar Motha 4.81mg, Sunthi/ Ginger (Nagara)5.28mg, Jatiphala/Jaiphala 1.39mg, Kamalagitta (Kamal) 1.39mg, Bibhika 0.92mg, Amalki/Amla 0.92mg, Maricha 0.92mg, Vidanga 0.92mg, Pippalimula/Granthika 3.23mg, Gajapippal 0.92mg, Salaparni/Sthira 3.89mg, Saurastri/ Sfetika(Sudhfitkari) 3.89mg, Gulaba Jala (satapatrika)4.32mg, Jaharamohara Khatai Bhasma 4.32mg, Usira/ Khas 0.92mg, Rumi Mastagi 1.39mg, Kairata/Chirayata 0.92mg, Tagar/Balaka (Hrivera) 0.92mg, Triphala Kvatha 6.48mg, Ashwagndha 1.39mg, Kutaja 1.84mg, Satavari 1.39mg, Kasudra (Kantakari) 0.92mg, Sahajana (Sigr) 0.92mg, Tejpatra/Tamalpatra 1.39mg, Madhuyasti (Mulathi) 0.92mg, Kababchini/Sheetal chini 1.93mg, Kesar/Saffron 194mg, Choti Elayachi (Safed Ilaichi) 194mg, Permitted Excipients Q.S. in Permissible limits .

#### PROPERTIES

AH-IMMUCURE - ABC is an Ayurvedic Preparation. Formulation of AH-IMMUCURE -ABC is based on Ancient Ayurvedic Therapy of India. Daily dose of the three capsules should be taken in the morning and in the evening with lukewarm water or milk. If the patient is unable to take all three capsules together, the three capsules can be taken at half hourly intervals. This Ayurvedic Treatment inhibits the multiplication of AIDS HIV, prevents HIV activity in uninfected persons.

Information herein has been collected over the 15 years of experience with the research and testing of AH-IMMUCURE – ABC. Trials were conducted by working with people from all classes but in particular the middle class, ambulatory, adult males and females in North India. The trial did not include patients that were terminally ill. During initial AH-IMMUCURE - ABC solely given infections but without any allopathic anti - retroviral medicine.

Present day trials are being done where allopathic retroviral is used alone by patients infected with the HIV at least six months and these patients started taking AH-IMMUCURE – ABC and the observed of AH-IMMUCURE - ABC was commenced.

Patients and Physicians are free to opt for use of either AH-IMMUCURE-ABC alone or with other allopathic anti-retroviral. AH-IMMUCURE - ABC helps HIV infected patients in getting their immunity back, purifying their blood and getting their weight back to normal and making the entire body system healthy and functional. This way the body, in time, strengthens itself to fight against HIV-AIDS related diseases.

Patients under treatment start to regain weight and feel better within two to four weeks of commencing the use of AH-IMMUCURE-ABC. Due to AH-IMMUCURE-

ABC immunity boosting action, the Patient's CD 4 / CD 8 Count slowly starts to return to normal after 8 weeks. to Blood purification action of AH-IMMUCURE-ABC formulations, the viral load/count of the patient also starts to decrease during the course of taking AH-IMMUCURE-ABC and tremendously reduces towards nil after one/two month (s). Finally the viral load/count diminishes to nil. AH-IMMUCURE-ABC can be used either alone in both old and new cases of HIV-AIDS infection or with any other allopathic anti-retroviral medicines if the patient is already on such treatment although both can be used together without any harm if the physician desires.

Due to mutagenic character and notorious nature of AIDS virus, Anupam Herbals research laboratory recommends treating HIV-AIDS patients already on allopathic anti-retroviral by providing DUAL treatment, i.e. using allopathic anti-retroviral alongside AH-IMMUCURE-ABC until the patient is weaned off the allopathic anti-retroviral. In the long run, this joint effort may prove to be more beneficial towards fulfilling our present aim of trial of achieving better control and reaching an early cure.

During the trials, it was found that the patients who were initially on allopathic anti-retroviral showed outstanding improvements clinically after starting AH-IMMUCURE-ABC later. In order to get proper results clinically, the patients should be given a definite treatment of secondary infections that may occur due to lowered immunity in HIV-AIDS patients, along with symptomatic treatment which includes the treatment of electrolyte imbalance, blood transfusion, high protein diet, and healthy lifestyle, etc. By improving the patient's life style, visible signs of improvement are seen in a very short time post commencement of AH-IMMUCURE-ABC uptake.

Once secondary infections have been taken care of along with symptomatic treatments, use of AH-IMMUCURE-ABC for two to three months will boost the effects of the allopathic medicine for secondary infections thereby reducing the frequency of recurrent illnesses. This occurs as a result of the immunity boosting action of AH-IMMUCURE-ABC.

Immunity control, at the beginning of the treatment, is also a major factor that affects the overall positive response of AH-IMMUCURE-ABC. So, a basic rule of thumb for a better outcome is to start AH-IMMUCURE-ABC early before the CD4 count falls drastically.

Since different patients respond to treatment differently, patients with the same CD4 count will show different degrees of clinical presentations. Some show severe sickness whereas others have only mild symptoms.

During the trials, it was found that some patients who had CD4 counts of 80 and 200 showed similar clinical improvement. A few patients with CD4 counts of 80 or lower showed outstanding positive results compared to patients with CD4 counts of 200 or above. So, there is no fixed criteria for assessing HIV-AIDS patients